

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the **Healthiest State** in the Nation

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FREE FIVE WEEK PROGRAM TO QUIT TOBACCO BEGINS NOVEMBER 17, 2014

Lake County – The Florida Department of Health in Lake County (DOH-Lake) in collaboration with the Central Florida Area Health Education Center (AHEC) will offer free classes at the following locations:

Starting Monday, November 17th
Weekly classes for five weeks (participants must attend all five classes)
November 17th – December 16th
6:30 – 8:00 PM
LiveWell Fitness Center
(Across from Southlake Hospital)
1935 Don Wickham Dr.
Clermont, FL 34711

There is no charge to enroll in the program which includes the following:

- No charge for materials
- Free nicotine replacement, patches, gum and lozenges (while supplies last and if medically appropriate)
- Covers all forms of tobacco
- Groups led by trained tobacco cessation specialist

Registration is required by calling **1-877-252-6094** or to learn more about Quit Smoking Now Program. The QSN program is sponsored by the Florida AHEC Network and the Florida Department of Health, Bureau of Tobacco Free Florida.

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