

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



**Rick Scott**  
Governor

**John H. Armstrong, MD, FACS**  
State Surgeon General & Secretary

**Vision:** To be the Healthiest State in the Nation

**Date: December 31, 2014**

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**Free Quit Tobacco Classes Beginning January 2015**

**Lake County** – The Florida Department of Health in Lake County (DOH-Lake) in collaboration with the Central Florida Area Health Education Center (AHEC) to offer the following free Quit Tobacco Classes:

**Weekly on Mondays, January 5<sup>th</sup> to February 9<sup>th</sup>, 6:30 – 8:00 pm**

LiveWell Fitness Center (across from Southlake Hospital)  
1935 Don Wickham Drive, Clermont, Florida 34711

**Tuesday, January 6<sup>th</sup>, 12:30 – 2:00 pm**

Come As You Are Ministry  
1344 Griffin Road, Leesburg, Florida 34748

**Weekly on Tuesdays, January 6<sup>th</sup> to February 10<sup>th</sup>, 5:30 to 6:30 pm**

Community Health Center  
225 N. First Street, Leesburg, Florida 34748

**Weekly on Fridays, January 9<sup>th</sup> to February 6<sup>th</sup>, 10:30 to 11:30 am**

Simpson Farm House (Next to W.T. Bland Public Library)  
1995 North Donnelly Street, Mount Dora, Florida 32757

**Thursday, January 15<sup>th</sup>, 2:00 to 4:00 pm**

Lake Cares Food Pantry  
2001 W. Old Highway 441, Suite #2, Mount Dora, Florida 32757

**Thursday, January 29<sup>th</sup>, 3:00 to 4:30 pm**

Goodwill Leesburg, Job Connection Center  
10600 US Highway 441, Leesburg, Florida 32788



There is no charge to enroll in the program which includes the following:

- No charge for materials
- Free Nicotine Replacement (nicotine patch while supplies last)
- Covers all forms of tobacco
- Groups led by trained tobacco cessation specialist
- Quit Smoking Now workbook and incentive items

Registration is required by calling **1-877-252-6094** or to learn more about the Quit Smoking Now Program. The QSN Program is sponsored by the Florida AHEC Network and the Florida Department of Health, Bureau of Tobacco Free Florida.

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