

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

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FREE QUIT TOBACCO CLASSES BEGINNING MAY 9TH, 2015

Lake County – The Florida Department of Health in Lake County (DOH-Lake) in collaboration with the Central Florida Area Health Education Center (AHEC) to offer the following free Quit Tobacco Classes:

Saturday, May 9th, 9:00 – 10:30 am

Goodwill Leesburg

Job Connection Center

10600 U.S. Highway 441, Leesburg, Florida 34788

Friday, May 15th, 10:30 – 12:30 pm

Simpson Farm House (next to W.T. Bland Public Library)

1995 North Donnelly Street, Mount Dora, Florida 32757

Weekly on Mondays, May 18th to June 22nd, 6:30 to 8:00 pm

LiveWell Fitness Center (Across from Southlake Hospital)

1935 Don Wickham Drive. Clermont, Florida 34711

There is no charge to enroll in the program which includes the following:

- No charge for materials
- Free Nicotine Replacement (nicotine patch while supplies last)
- Covers all forms of tobacco
- Groups led by trained tobacco cessation specialist
- Quit Smoking Now workbook and incentive items

Registration is required by calling **1-877-252-6094** or to learn more about the Quit Smoking Now Program. The QSN Program is sponsored by the Florida AHEC Network and the Florida Department of Health, Bureau of Tobacco Free Florida.

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