

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

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Free Quit Tobacco Classes Beginning March 2015

Lake County – The Florida Department of Health in Lake County (DOH-Lake) in collaboration with the Central Florida Area Health Education Center (AHEC) to offer the following free Quit Tobacco Classes:

Weekly on Fridays, March 6th to April 3rd, 10:30 – 11:30 am

Simpson Farm House (next to W.T. Bland Public Library)
1995 North Donnelly Street, Mount Dora, Florida 32757

Tuesday, March 17th, 10:00 – 12:00 pm

Clermont Arts, & Recreation Center
3700 S. Highway 27, Clermont, Florida 34711

Weekly on Tuesdays, March 24th to April 28th, 10:00 to 11:00 am

City of Minneola
800 N. Highway 27, Minneola, Florida 34715

There is no charge to enroll in the program which includes the following:

- No charge for materials
- Free Nicotine Replacement (nicotine patch while supplies last)
- Covers all forms of tobacco
- Groups led by trained tobacco cessation specialist
- Quit Smoking Now workbook and incentive items

Registration is required by calling **1-877-252-6094** or to learn more about the Quit Smoking Now Program. The QSN Program is sponsored by the Florida AHEC Network and the Florida Department of Health, Bureau of Tobacco Free Florida.

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Florida Department of Health

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