

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



**Rick Scott**  
Governor

**John H. Armstrong, MD, FACS**  
State Surgeon General & Secretary

**Vision:** To be the Healthiest State in the Nation

**Thursday, April 30, 2015**

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## **FLORIDA DEPARTMENT OF HEALTH IN LAKE COUNTY PROMOTES “WATERPROOF FLORIDA” A FLORIDA DEPARTMENT OF HEALTH INJURY PREVENTION INITIATIVE**

**Tavares** – The weather is heating up and for many Floridians this means it's time to cool off in the pool. While a day of playing in the pool can be fun, injuries and illnesses due to water-related activities increase during this time of year. Waterproof Florida, a Florida Department of Health Injury Prevention Initiative encourages layers of protection that include supervision, barriers and emergency preparedness.

“Water safety is everyone’s responsibility and education is the key to prevention. As a community we need to continue working together to spread the message” said Aaron Kissler, Administrator Florida Department of Health in Lake County.

In Lake County, swimming lessons are being offered by the following groups:

- Assured Aquatic [www.assuredaquatics.com](http://www.assuredaquatics.com) 352-432-1863
- City of Mount Dora [www.cityofmoundora.com](http://www.cityofmoundora.com) 352-735-7173
- Eustis Aquatic Center [eustisrec.org/pages/aquatics](http://eustisrec.org/pages/aquatics) 352-357-3264
- Fruitland Park Recreational Dept. [www.fruitlandpark.org/pool.html](http://www.fruitlandpark.org/pool.html) 352-360-6734
- Golden Triangle YMCA [ymcacentralflorida.com](http://ymcacentralflorida.com) 407-599-0113
- Guppieswim School [www.guppieswimschool.com/](http://www.guppieswimschool.com/) 352-404-6887
- Infant Swimming Resources [www.infantswim.com](http://www.infantswim.com)
- Lucky Fin Swim School [www.luckyfinswim.com](http://www.luckyfinswim.com) 407-296-2628
- SwimAmerica [www.usantc.com/community-programming/](http://www.usantc.com/community-programming/) 352-241-7144 ext. 4207
- SwimKids USA [www.swimkidsusa.com](http://www.swimkidsusa.com) 352-394-3040
- Swimming for Life [www.swimmingforlife.com](http://www.swimmingforlife.com) 407-234-9921

Help spread the word by getting involved and sharing information about pool safety. For more information, and to learn about the layers visit the website at [www.waterprooffl.com/index.html](http://www.waterprooffl.com/index.html)

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The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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