

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

Date: December 31, 2014

Media Contact: Paul Butler – Public Information Officer

Office: (352) 589-6424 **After Hours Call in Number:** (352) 728-7662

E-mail: paul.butler@flhealth.gov

Free Quit Tobacco Classes Beginning January 2015

Lake County – The Florida Department of Health in Lake County (DOH-Lake) in collaboration with the Central Florida Area Health Education Center (AHEC) to offer the following free Quit Tobacco Classes:

Weekly on Mondays, January 5th to February 9th, 6:30 – 8:00 pm

LiveWell Fitness Center (across from Southlake Hospital)
1935 Don Wickham Drive, Clermont, Florida 34711

Tuesday, January 6th, 12:30 – 2:00 pm

Come As You Are Ministry
1344 Griffin Road, Leesburg, Florida 34748

Weekly on Tuesdays, January 6th to February 10th, 5:30 to 6:30 pm

Community Health Center
225 N. First Street, Leesburg, Florida 34748

Weekly on Fridays, January 9th to February 6th, 10:30 to 11:30 am

Simpson Farm House (Next to W.T. Bland Public Library)
1995 North Donnelly Street, Mount Dora, Florida 32757

Thursday, January 15th, 2:00 to 4:00 pm

Lake Cares Food Pantry
2001 W. Old Highway 441, Suite #2, Mount Dora, Florida 32757

Thursday, January 29th, 3:00 to 4:30 pm

Goodwill Leesburg, Job Connection Center
10600 US Highway 441, Leesburg, Florida 32788



There is no charge to enroll in the program which includes the following:

- No charge for materials
- Free Nicotine Replacement (nicotine patch while supplies last)
- Covers all forms of tobacco
- Groups led by trained tobacco cessation specialist
- Quit Smoking Now workbook and incentive items

Registration is required by calling **1-877-252-6094** or to learn more about the Quit Smoking Now Program. The QSN Program is sponsored by the Florida AHEC Network and the Florida Department of Health, Bureau of Tobacco Free Florida.

###