



Babies are Born to Breastfeed!

How do you plan to feed your baby? If you want the best, use your breast! Did you know that the breast milk your body is making is designed specifically for **YOUR** baby?

Join us for DIY Easy Breastfeeding and Breastfeeding & You to learn more!

Umatilla Health Center - WIC
249 E Collins St
Umatilla, FL 32784

DIY Easy Breastfeeding (Prenatal Group)

1st Tuesday of every month at 10:00 a.m.

3rd Tuesday of every month at 2:00 p.m.

Breastfeeding & You: A Group for Families

4th Tuesday of every month at 10:00 a.m.

Contact

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Breastfeeding Peer Counselor
DOH-Lake WIC Program
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WIC is an equal opportunity provider and employer.