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FLORIDA DEPARTMENT OF HEALTH IN LAKE COUNTY TO OBSERVE HEALTHY AND SAFE SWIMMING WEEK

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Lake County – The Florida Department of Health in Lake County will be observing the 12th annual "Healthy and Safe Swimming Week" which is observed May 23-29, 2016. The goal of this week is to maximize the health benefits of swimming by promoting healthy and safe swimming.

The theme for this year is "Check out Healthy and Safe Swimming" and encourages the public to:

- Check the latest inspection results for public pools, water playgrounds, hot tubs/spas, and other venues before swimming; and

- Complete their own simple and short inspection checklist before getting in the water.

As per the Centers for Disease Control and Prevention (CDC) each year, Healthy and Safe Swimming Week focuses on simple steps swimmers and pool operators can take to help ensure a healthy and safe swimming experience for everyone. It focuses on the role of swimmers, aquatics and beach staff, residential pool owners, and public health officials in preventing drowning, pool chemical injuries, and outbreaks of illnesses. It highlights swimmer hygiene and the need for swimmers to take an active role in helping to protect themselves and prevent the spread of germs

"We all play an important role in preventing water illnesses and injuries" said Aaron Kissler, Administrator, Florida Department of Health in Lake County. "We will continue to raise water safety awareness in order to decrease the possibility of injury and drowning in our community"

For additional information and resources, please visit http://www.cdc.gov/healthywater/observances/hss-week/index.html or the department website at http://lake.floridahealth.gov/programs-and-services/environmental-health/public-pools/index.html

About the Florida Department of Health

The department, nationally accredited by the Public Health Accreditation Board, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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