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FLORIDA DEPARTMENT OF HEALTH IN LAKE COUNTY TO OBSERVE HEALTHY AND SAFE SWIMMING WEEK



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Eustis FL – The Florida Department of Health in Lake County (DOH-Lake) will be observing the annual “Healthy and Safe Swimming Week” May 23-29, 2022. This year’s theme is “Make a Healthy Splash: Stay Healthy and Safe in Splash Pads.”

“Together we can make swimming fun and safe for all” said Tiery Osias Environmental Health Director with the Florida Department of Health in Lake County.

As part of Water Safety Month and Healthy and Safe Swimming Week, DOH-Lake will be participating in a Water Safety Day event along with the City of Eustis, Eustis Fire Department, Coast Guard Auxiliary Unit 4/3, and Lake County Sheriff’s Office Marine Patrol at the following location:

***Eustis Aquatic Center – 250 Ferran Park, Eustis
Saturday, May 21st, 2022
From 11 a.m. to 3 p.m.***

The event will include swimming lesson interest sign-up sheet, mock drowning exercise, and educational booths.

As per the Centers for Disease Control and Prevention (CDC) each year, Healthy and Safe Swimming Week focuses on simple steps swimmers and pool operators can take to help ensure a healthy and safe swimming experience for everyone. It focuses on the role of swimmers, aquatics and beach staff, residential pool owners, and public health officials in preventing drowning, pool chemical injuries, and outbreaks of illnesses. It highlights swimmer hygiene and the need for swimmers to take an active role in helping to protect themselves and prevent the spread of germs

“We all play an important role in preventing water illnesses and injuries” said Aaron Kissler, Health Officer with the Florida Department of Health in Lake County. “We will continue to raise water safety awareness in order to decrease the possibility of injury and drowning in our community”

For additional information and resources, please visit <https://www.cdc.gov/healthywater/observances/hss-week/index.html> or the department website at <http://lake.floridahealth.gov/programs-and-services/environmental-health/public-pools/index.html>

About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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