

La Leche League:

Breastfeeding Support offered by phone, email or open play meetings hosted the 2nd Saturday of every month from 10 am - 11:30 am. For more information:

(678) 427-1764 or (352) 348-4561.

Email: LLLMOMMY0917@gmail.com

Visit our websites: www.llli.org/web/florida.html or www.llli.org

Leesburg Regional Medical Center:

Breastfeeding, Childbirth and Newborn Care classes available; registration required, (352) 323-5960.

Post-delivery Breastfeeding Support

Available for moms and babies who have recently delivered at Leesburg Regional Medical Center:

- Mother's Morning Out Support Group
2nd Tuesday of every month from 10 am - 12 pm
For more information: (352) 323-5960.
- Outpatient Breastfeeding Consultations
To schedule an appointment: (352) 323-5564.

Visit our website: www.leesburgregional.org

National Breastfeeding Helpline

Receive over-the-phone help with common breastfeeding concerns by calling 1-800-994-9662.

Orlando Health South Lake Hospital:

Establishing Breastfeeding, Childbirth Education and Newborn Care classes available; registration required, (352) 241-7109.

Post-delivery Breastfeeding Support

All support provided by our Board Certified Lactation Consultants:

- Mom's Morning Out Support Group
Wednesday mornings 10 am - 12 pm
For more information: (352) 394-4071 ext. 4380.
- Breastfeeding Phone Line (Mon-Fri)
(352) 394-4071 ext. 4380.
- Outpatient Breastfeeding Consultations (Mon-Fri)
To schedule an appointment: 352-394-4071 ext. 4380.
May be covered by your insurance provider.

Visit our website: www.southlakehospital.com

Like us on Facebook: www.facebook.com/SouthLakeHospital

This resource guide is a collaborative effort of:


FloridaHEALTHY**babies**
LAKE COUNTY



Lake County Breastfeeding Task Force

Disclaimer: This resource guide does not represent all providers of breastfeeding support in this county at the time of printing.

Lake County Breastfeeding Resource Guide

AdventHealth Waterman:

Breastfeeding, Childbirth, Newborn Care and Friends & Family CPR classes available; registration required, (352) 253-3367.

For more information, please visit our website:

www.AdventHealthWaterman.com

Florida Department of Health in Lake County, WIC Program:

Breastfeeding Peer Counselors offer one-on-one and group breastfeeding education and support for eligible WIC clients.

Breastfeeding and You is a community breastfeeding support group held on the 4th Tuesday of every month at 10:00 am.

For more information:

Clermont (352) 394-3464 ext. 3016

Leesburg (352) 315-4425 ext. 2906

Umatilla (352) 771-5563

Visit our website: www.lake.floridahealth.gov or

www.FloridaWIC.org

Lake Area Lactation Services, LLC:

Offers private in-home breastfeeding support by a Board Certified Lactation Consultant. Expertise helping new moms learn how to breastfeed in the early weeks, including strategies for dealing with infant weight loss, slow weight gain, and going back to work. For more information: (214) 607-5402.

Lake County Healthy Start:

Healthy Start participants receive personalized breastfeeding support, parenting education and other services.

For more information about joining Healthy Start, call Connect: 1-877-678-9355.

For more information about breastfeeding support groups:

(352) 314-6933 English or (352) 203-0613 Spanish

Visit our website: www.centralhealthystart.org

